

# Clinical Music Therapy Strategies for Dementia: Managing Behavioral and Psychological Symptoms (BPSD) and Mobility

This course introduces core clinical skills for using music therapy in dementia care.

Participants will learn practical, evidence-based interventions to manage challenging behaviors and support client well-being.



# Certification Information



**Clinical Music Therapy Strategies for Dementia: Managing Behavioral and Psychological Symptoms (BPSD) and Mobility** is approved by the Certification Board for Music Therapists (CBMT) for 4 Continuing Music Therapy Education (CMTE) credits.

**Zoe's Music Tale**, CBMT Approved Provider P-249, maintains responsibility for program quality and adherence to CBMT policies and criteria.

The course is delivered via Teachable (or an equivalent structured learning system with tracking and certificate issuance capabilities).

The course fee is \$200 USD. An early bird rate of \$150 USD is available for those who sign up before the end of April 2026.

Non-Refundable: Please note that enrollment in this course is non-refundable. All sales are final. We encourage you to review the course details thoroughly before purchasing.



# Meet Your Instructor



## Yu-Jung (Zoe) Weng, MA, MT-BC, DMtG, TRMT, SFMT



Music therapist with over 7 years of cross-cultural clinical settings, with hands-on experience in dementia care.



Helps clients manage agitation, aggression, and emotional challenges using music interventions.



Applies practical, evidence-based strategies for safe and effective dementia care.



# Learning Objectives

The objectives above are classified according to the [Music Therapy Board Certification Domains – 2025](#), based on the 2024 Music Therapy Practice Analysis Study, effective October 27, 2025.



## Act with Music

Participants will identify at least two (2) music-based interventions to respond to physical dangers or crisis situations in dementia care settings.

*CBMT Domain Domain I.1A*



## Personalize Care

Design individualized EBP treatment plans (e.g., Iso-principle) to address the physiological needs of dementia clients.

*CBMT Domain II.D.7.*



## Report & Communicate

Participants will articulate measurable treatment outcomes using professional clinical terminology to communicate client progress to a healthcare team.

*CBMT Domain III.B.1.*

# Program Structure and Credits

**4 CMTE Credits (200 minutes = 4 contact hours)**

**Course Breakdown (50 minutes per module × 4 modules = 200 minutes)**

"This 3-module course teaches music interventions, individualized treatment design, and professional reporting for dementia care. Evaluation includes quizzes, clinical summaries, and a post-test to demonstrate measurable outcomes."



## Module 1: Clinical Strategies for Dementia (50 Min | 1.0 CMTE)

Focuses on managing Behavioral and Psychological Symptoms of Dementia (BPSD), specifically agitation and aggression. Participants learn to identify music-based interventions to respond to physical dangers and implement de-escalation techniques.



## Module 2: Evidence-Based Treatment Design (100 Min | 2.0 CMTE)

Covers the application of the Iso-principle for emotional regulation and Rhythmic Auditory Stimulation (RAS) for gait stability. Participants will design individualized plans using research evidence to address the physiological and psychological needs of clients.



## Module 3: Professional Accountability & Assessment (50 Min | 1.0 CMTE)

Focuses on multidisciplinary communication and clinical terminology. Training includes using secure documentation tools to report measurable outcomes and articulate progress to the healthcare team.

# Completion & Certification

## Completion Requirements

To receive your certificate and CMTE credits, participants must:

- Watch all modules (video tracking via platform).
- Complete a post-test (10 questions, min. 80% correct).
- Download your auto-generated certificate of completion.

## Program Completion

Upon finishing all modules and assessments, you'll receive:

- Downloadable CMTE certificate
- 4 CMTE credits applied to your CBMT record
- Access to exclusive community of digital-forward therapists

