

## **NER CMTE #1 Promotional Materials:**

Thursday, March 26th, 2026

1pm-6pm Hybrid

This CMTE presenter will be virtual. Attendance is optional in person on site or virtually.

**Title:** Ethical Decision-Making and Reasoning in Music Therapy

**Presenters:** Anastasia Canfield, DHSc, LPC, NCC, MT-BC, RPT, ASDCS

**CMTE Credits:** 5

**Opportunity Cost:** \$85.00 (AMTA Member Pricing) or \$115.00 (Non-AMTA Member Pricing)

### **Presenter Qualifications:**

Anastasia Canfield is a music therapist, professional counselor, play therapist, author, professional musician, and health scientist in Colorado. She owns a multi-disciplinary practice, Creative Remedies. Dr. Canfield's research interests are Music Performance Anxiety, Interpersonal Neurobiology, and Ethical Thinking.

**Abstract:** Music therapists are faced with ethical dilemmas in workplaces, advocacy, education, and more. Consultation and collaboration are key. This CMTE explores the Music Therapy Code of Ethics, the recommended Music Therapy Ethical Decision-Making Model, group discussion about ethical dilemmas, and opportunities for practicing the process of making ethical decisions.

**Prerequisites:** None.

### **Course Outline:**

**0-15: introductions -- presenter, topic, participants, rationale, codes**

**15-50: orientation to ethical resources such as code of ethics, AMTA proposed ethical decision-making model, Cheryl Dileo's Ethical Thinking in Music Therapy text, MT ethics board, CBMT code of professional practice, comparison to some adjacent codes of practice (OT, SLP, counseling, social work, etc)**

**50-60: break**

**60-110: breaking down each step in AMTA proposed ethical decision-making model to increase familiarity and share examples of ethical dilemmas**

**110-120: break**

**120-150: break into small groups to practice ethical decision-making process with a real life example chosen by group**

**150-170: present to the larger group**

**170-180: break**

**180-250: general discussion and consultation of current ethical dilemmas, how to address with supervisees, how to explore advanced/complicated topics which may include legal consultation (note: presenter is not offering legal advice, but rather recommendation of when to seek legal advice in the ethical decision-making process)**

**CBMT Objectives & Domains:**

Participants will engage in practice of ethical decision-making process (BCD 5B-2 & BCD 5B-14)

Participants will collaborate with peers in professional consultation regarding ethical principles (BCD 5B-14 & BCD 5B-2)

**Cancellation and Refund Policy:**

If you are unable to attend the CMTE workshop after registering, please request a refund via email to the Conference Chair at [vicepresident@neramta.org](mailto:vicepresident@neramta.org) no later than 9am on the day for which you would like a refund. In the request, please state your reasoning for needing a refund, and the team will review and respond to you within 24 hours of receiving the request. Refunds will be processed as quickly as possible. Registrants are responsible for processing fees associated with the platform except in case of hardship.